

# BEHAVIORAL HEALTH

Guardian Healthcare offers comprehensive and compassionate behavioral health management for patients who do not require an inpatient environment. Working closely with the patient's primary care physicians and psychiatrists, our services are designed to improve patients' quality of life, assist patients in maintaining a connection with their community and prevent hospitalization.

## DO YOU HAVE?

Elderly patients with the following:

- Anxiety/panic attacks
- Behavioral issues related to alcohol or substance abuse
- Moderate to high risk of repeated hospitalization
- Depression
- Grieving
- Psychotropic medicine management issues
- New behavioral diagnosis
- Behavioral symptoms related to Alzheimers/dementia
- Bi-polar disorder

## DID YOU KNOW?

We may provide these services:

- RN may facilitate a social worker for community based resource needs
- Patient/caregiver education
- RN may facilitate acute stabilization (our RN can assist in getting them to a psychiatric acute setting or hospital)
- RN with extensive behavioral health experience will provide disease process education
- Clinical case management
- Physician communication
- Medication reconciliation
- Medication compliance

## BEHAVIORAL HEALTH PROGRAM

Determine if in-home behavioral health is right for your patients:

- Our behavioral health nurse will consult, evaluate and assess the patient before committing service
- If the patient requires acute stabilization, they will be referred to inpatient/hospital care
- Since behavioral health management is goal oriented, referred patients must have the capability to have improved behavioral symptoms

**For more information or to initiate a behavioral health program referral for your patients, contact your Guardian Healthcare account executive today.**



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